

Week

1

Lunch Menu

apetito

WILTSHIRE
EST. FARM 1991
FOODS

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Option
1

Cheese & Tomato Pizza

Lemon & Herb Chicken
in Vegetable Rice (DF,
GF)

Roast Beef in Gravy
(DF, GF)

Sweet and Sour
Chicken (DF, GF)

Mini Breaded Fish (DF)

with

Broccoli
&

Baked Potato Wedges

with

Carrot Tips

with

Mixed Vegetables
&
Golden Roast Potatoes

with

Sweetcorn
&
Vegetable Rice

with

Peas
&
Oven Chips

Hot Option
2

Moroccan Bean
Casserole (DF, GF)

Vegetable Lasagne

Vegetable Cottage Pie
(GF)

Vegan Sausages (DF)

Aubergine Parmigiana
(GF)

with

Broccoli
&

Baked Potato Wedges

with

Carrot Tips
&
Saute Potatoes

with

Mixed Vegetables
&
Golden Roast Potatoes

with

Baked Beans
&
Hash Browns

with

Peas
&
Oven Chips

with

with

with

with

with

Hot
Dessert

Puff Top Apple Pie (DF)

Bakewell Tart (DF)

Chocolate Sponge (GF,
DF)

Vanilla Ice Cream (GF)

Somerset Apple Cake
(DF)

with

with

with

with

with



Week 2

Lunch Menu

apetito

WILTSHIRE
EST. FARM 1991
FOODS

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Option 1

Chicken Curry (GF, DF)

Chilli Con Carne (GF, DF)

Sliced Roast Chicken in Gravy (DF, GF)

Pork Meatballs in a Tomato & Basil Sauce (DF)

Fish Goujons (DF)

with

Cauliflower &

Wholegrain Rice

with

Sweetcorn &

Penne Pasta

with

Vegetable Medley &

Golden Roast Potatoes

with

Cut Green Beans &

Penne Pasta

with

Peas &

Baked Potato Wedges

Hot Option 2

Tomato & Basil Sauce (GF, DF)

Cheesy Pesto Pasta

Baked Chestnut Mushroom Pie (DF)

Cauliflower, Spinach and Lentil Curry (DF, GF)

Vegetarian Tikka Masala (GF)

with

Cauliflower &

Pasta

with

Sweetcorn &

Baby Potatoes

with

Vegetable Medley &

Golden Roast Potatoes

with

Cut Green Beans &

White Rice

with

Peas &

Wholegrain Rice

with

with

with

with

with

Hot Dessert

Strawberry Ice-cream (GF)

Vanilla Sponge (DF, GF)

Banana Bread (DF)

Jam Sponge (DF)

Hot Chocolate Brownie (DF)

with

with

with

with

with



Week 3

Lunch Menu

apetito

WILTSHIRE
EST. FARM 1991
FOODS

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Option
1

Beef Lasagne

with
Sweetcorn
&
Saute Potatoes

Chinese Style Beef (DF,
GF)

with
Cut Green Beans
&
Wholegrain Rice

Roast Pork in Gravy
(DF, GF)

with
Mixed Vegetables
&
Golden Roast Potatoes

Salmon & Broccoli Bake

with
Carrot Tips
&
Baby Potatoes

Chicken Goujons (DF)

with
Baked Beans
&
Oven Chips

Hot Option
2

Chickpea Curry (DF,
GF)

with
Sweetcorn
&
Wholegrain Rice

Macaroni Cheese

with
Cut Green Beans
&
Saute Potatoes

Plant-Based Shepherds
Pie (DF)

with
Mixed Vegetables
&
Golden Roast Potatoes

Bean Chilli (DF, GF)

with
Carrot Tips
&
White Rice

Potato, Cheese & Leek
Bake (GF)

with
Peas
&
Oven Chips

with

with

with

with

with

Hot
Dessert

Apple Crumble (DF)

with

Bakewell Tart (DF)

with

Toffee Apple Pudding

with

Mixed Fruit Pie (DF)

with

Chocolate Mousse (GF)

with

